

**Setting Boundaries, LLC**  
SANITY Support Group  
Group Facilitator Outreach



## **SB COMMUNITY LIAISON GUIDELINES**

THESE GUIDELINES have been agreed upon and entered into by and between Setting Boundaries, LLC, a Texas Limited Liability Company (hereinafter referred to as “SB”), and the recipient of the email-of-record indicating receipt of the document (hereinafter referred to as “SB Community Liaison”).

### **1. REQUIREMENTS**

- a. SB Community Liaison has been a SANITY Support Group Facilitator or Group Member, having participated in a 12-week SANITY Support Group program.
- b. SB Community Liaison will have a thorough understanding of the 6 Steps to SANITY and 12-Weeks to Freedom program that is the foundation of the SANITY Support Group Network.
- c. SB Community Liaison has read the book; *Setting Boundaries with Your Adult Children*, and owns a copy of said book as well as the *Setting Boundaries Companion Study Guide*.
- d. Community Liaison may share their personal involvement with SANITY Support, but teaching the 6-Steps to SANITY program at Workshops, Seminars, and/or public meetings is prohibited.
- e. SB Community Liaison must inform Setting Boundaries via email of their desire to participate as a SB Community Liaison.
- f. SB Community Liaison must adhere to these SB Community Liaison Guidelines at all times when publically marketing or promoting the Setting Boundaries outreach, and/or SANITY Support Group program.

- g. SB Community Liaison will not accept money on behalf of SB or the SANITY Support Group Network but will send all interested parties to the official SB website to purchase books, materials and/or start new groups.
- h. Unless noted otherwise, the receipt of the email sent to potential SB Community Liaison will act as verification that SB Community Liaison has received, read, and agreed to the guidelines as written in the dated version sent.

## **2. LEADERSHIP**

- a. SB Community Liaison will be self-motivated and take individual initiative to promote the SANITY Support Group program in their community. This volunteer position does not have direct leadership from the Setting Boundaries staff.
- b. SB Community Liaison may call upon the SB Director of Group Communication for support and/or guidance at any time.

## **3. COMPENSATION**

- a. There is no compensation for SB Community Liaison volunteers.
- b. SB Community Liaison will not act accept a fee to speak on this topic of Setting Boundaries combined with SANITY Support.
- c. SB Community Liaison will not sell SB books and/or SB product or materials.

## **4. TRAINING**

- a. Participation in the 6-Steps to SANITY and 12-weeks to Freedom program will enable SB Community Liaison to effectively promote the program in their community. SB Community Liaison will not receive additional training from SB.

## **5. DESCRIPTION OF RESPONSIBILITIES**

- a. The primary goal of the SB Community Liaison is to introduce the SANITY Support Group to their community via churches, non-for-profit organizations, businesses, mental health providers, and others primarily *in their local community* to assist them in assembling and developing SANITY Support Groups that will utilize the 6 Steps to SANITY and 12-Weeks to Freedom program.
- b. SB Community Liaison may share their own personal involvement in the 6-Steps to SANITY and 12-Weeks to Freedom program in a public forum such as a Workshop, Seminar, Church Service, or other Meeting—but

strict confidentiality must be maintained insofar as public disclosure of other SANITY Support Group members and/or facilitators.

- c. SB Community Liaison must disclose their involvement as a private citizen and in no way solicit clients, market, or promote their own professional and/or personal agenda in conjunction with SB and/or SANITY Support. The goal of any public speaking on behalf of the program is to encourage other participants to start a group, attend a group, or read the book to find SANITY in the insane situation of Setting Boundaries with Adult Children.
- d. Community Liaison may utilize personal social networking sites such as Facebook, MySpace, Twitter, etc. as is permitted via their respective social networking guidelines. (Social network “spamming” is *not* permitted.) SB Community Liaison may send personal contacts to the official SB website, however any use of the Setting Boundaries brand and/or logo on private social networking sites is not permitted.
- e. SB Community Liaison may or may not struggle personally with this topic, but has a desire to share the message of SANITY with a broad constituency; specifically with regards to establishing additional SANITY Support Groups in their community and/or state.
- f. SB Community Liaison will have a thorough understanding of and agreement with the mission and goals of the SB outreach, as outlined on the color brochure and official SB website at [www.SettingBoundaries.com](http://www.SettingBoundaries.com)
- g. SB Community Liaison will be familiar with the resources available online at [www.SettingBoundaries.com](http://www.SettingBoundaries.com) and utilize this online resource to direct interested parties to areas of interest.
- h. SB Community Liaison will utilize the SB glossy color brochure when introducing people to the program. These brochures will be made available to SB Community Liaison in any quantity requested and at no charge.
- i. SB Community Liaison will distribute materials that are approved and sanctioned by the SB corporate office and are not permitted to develop their own distribution materials or websites. Use of the Setting Boundaries brand, logos or graphics is prohibited unless approved by the SB corporate office.

This constitutes the Community Liaison Guidelines and we wish you great success in empowering others to find SANITY! Contact us at: [ch@settingboundaries.com](mailto:ch@settingboundaries.com) with questions or concerns.